

# Veranstaltung: Nordliga KDK 2019

Ort, Datum: Mühl Rosin 11.05.2019

| Name        | Vorname | Verein       | w | Körper<br>m | Geb.<br>Datum | Wilks<br>Faktor | Kniebeuge           |       |       | Bankdrücken |       |       | Stand | Kreuzheben |       |                 | Total | Wilks<br>Punkte |       |         |         |
|-------------|---------|--------------|---|-------------|---------------|-----------------|---------------------|-------|-------|-------------|-------|-------|-------|------------|-------|-----------------|-------|-----------------|-------|---------|---------|
|             |         |              |   |             |               |                 | 1.                  | 2.    | 3.    | max         | 1.    | 2.    |       | 3.         | max   | 1.              |       |                 | 2.    | 3.      | max     |
| Weitzer     | Torn    | Greflenpower | m | 103,70      | 1998          | 0,6002          | 200,0               | 215,0 | 230,0 | 230,0       | 140,0 | 147,5 | 152,5 | 162,5      | 382,5 | 210,0           | 230,0 | 252,5           | 252,5 | 635,0   | 381,13  |
| Wagner      | Isabel  | Greflenpower | w | 53,30       | 1994          | 1,2230          | 90,0                | 92,5  | 95,0  | 95,0        | 57,5  | 62,5  | 66,0  | 62,5       | 157,5 | 127,5           | 132,5 | 137,5           | 137,5 | 295,0   | 360,79  |
| Kinder      | Arved   | Greflenpower | m | 107,00      | 1993          | 0,5937          | 200,0               | 210,0 | 220,0 | 220,0       | 145,0 | 152,5 | 155,0 | 155,0      | 375,0 | 220,0           | 235,0 | 250,0           | 250,0 | 625,0   | 371,06  |
| Kretschmann | Aenne   | Greflenpower | w | 63,00       | 2000          | 1,0740          | 100,0               | 105,0 | 107,5 | 107,5       | 57,5  | 62,5  | 65,0  | 65,0       | 172,5 | 115,0           | 122,5 | 127,5           | 127,5 | 300,0   | 322,20  |
|             |         |              |   |             |               |                 | max. Summen / Kg. ▶ |       |       | 557,5       |       |       |       | 372,5      | 930,0 | ◀ Zwischenstand |       |                 | 640,0 | Punkte: | 1112,97 |
|             |         |              |   |             |               |                 |                     |       |       |             |       |       |       |            |       |                 |       | Platz:          | 5     |         |         |

| Name    | Vorname     | Verein         | w | Körper<br>m | Geb.<br>Datum | Wilks<br>Faktor | Kniebeuge           |       |       | Bankdrücken |       |       | Stand | Kreuzheben |        |                 | Total | Wilks<br>Punkte |       |         |         |
|---------|-------------|----------------|---|-------------|---------------|-----------------|---------------------|-------|-------|-------------|-------|-------|-------|------------|--------|-----------------|-------|-----------------|-------|---------|---------|
|         |             |                |   |             |               |                 | 1.                  | 2.    | 3.    | max         | 1.    | 2.    |       | 3.         | max    | 1.              |       |                 | 2.    | 3.      | max     |
| Paulsen | Marco       | 1.Schleswig.SV | m | 91,65       | 1995          | 0,6326          | 230,0               | 242,5 | 252,5 | 242,5       | 140,0 | 147,5 | 165,0 | 147,5      | 390,0  | 260,0           | 270,0 | 270,0           | 270,0 | 660,0   | 417,52  |
| Paul    | Christopher | 1.Schleswig.SV | m | 90,00       | 1989          | 0,6384          | 145,0               | 160,0 | 170,0 | 170,0       | 92,5  | 102,5 | 105,0 | 105,0      | 275,0  | 170,0           | 185,0 | 195,0           | 195,0 | 470,0   | 300,05  |
| Rausch  | Sven        | 1.Schleswig.SV | m | 94,25       | 2001          | 0,6243          | 195,0               | 202,5 | 210,0 | 210,0       | 125,0 | 132,5 | 132,5 | 132,5      | 342,5  | 247,5           | 255,0 | 262,5           | 262,5 | 605,0   | 377,70  |
| Kühl    | Lukas       | 1.Schleswig.SV | m | 78,15       | 1997          | 0,6930          | 117,5               | 125,0 | 130,0 | 130,0       | 62,5  | 67,5  | 70,0  | 70,0       | 180,0  | 117,5           | 122,5 | 127,5           | 127,5 | 300,0   | 375,95  |
|         |             |                |   |             |               |                 | max. Summen / Kg. ▶ |       |       | 637,5       |       |       |       | 410,0      | 1047,5 | ◀ Zwischenstand |       |                 | 760,0 | Punkte: | 1171,17 |
|         |             |                |   |             |               |                 |                     |       |       |             |       |       |       |            |        |                 |       | Platz:          | 3     |         |         |

| Name      | Vorname  | Verein      | w | Körper<br>m | Geb.<br>Datum | Wilks<br>Faktor | Kniebeuge           |       |       | Bankdrücken |       |       | Stand | Kreuzheben |       |                 | Total | Wilks<br>Punkte |       |         |        |
|-----------|----------|-------------|---|-------------|---------------|-----------------|---------------------|-------|-------|-------------|-------|-------|-------|------------|-------|-----------------|-------|-----------------|-------|---------|--------|
|           |          |             |   |             |               |                 | 1.                  | 2.    | 3.    | max         | 1.    | 2.    |       | 3.         | max   | 1.              |       |                 | 2.    | 3.      | max    |
| Hamidreza | Jadali   | Motor Barth | m | 110,00      | 1997          | 0,5885          | -                   | -     | -     | -           | -     | -     | -     | -          | -     | -               | -     | -               | -     | 0,00    |        |
| Jahn      | Tobias   | Motor Barth | m | 108,95      | 2001          | 0,5903          | 165,0               | 177,5 | 190,0 | 190,0       | 105,0 | 110,0 | 115,0 | 115,0      | 305,0 | 170,0           | 180,0 | 190,0           | 190,0 | 495,0   | 292,20 |
| Pallinat  | Tim Hajo | Motor Barth | m | 73,00       | 2000          | 0,7264          | 117,5               | 127,5 | 132,5 | 127,5       | 90,0  | 95,0  | 100,0 | 95,0       | 222,5 | 130,0           | 145,0 | 152,5           | 152,5 | 375,0   | 272,40 |
| Hadschi   | Rustam   | Motor Barth | m | 68,50       | 2000          | 0,7621          | 150,0               | 160,0 | 165,0 | 160,0       | 100,0 | 105,0 | 107,5 | 105,0      | 265,0 | 160,0           | 170,0 | 180,0           | 180,0 | 445,0   | 339,13 |
|           |          |             |   |             |               |                 | max. Summen / Kg. ▶ |       |       | 477,5       |       |       |       | 315,0      | 792,5 | ◀ Zwischenstand |       |                 | 522,5 | Punkte: | 903,73 |
|           |          |             |   |             |               |                 |                     |       |       |             |       |       |       |            |       |                 |       | Platz:          | 8     |         |        |

| Name         | Vorname | Verein           | w | Körper<br>m | Geb.<br>Datum | Wilks<br>Faktor | Kniebeuge           |       |       | Bankdrücken |       |       | Stand | Kreuzheben |        |                 | Total | Wilks<br>Punkte |       |         |         |
|--------------|---------|------------------|---|-------------|---------------|-----------------|---------------------|-------|-------|-------------|-------|-------|-------|------------|--------|-----------------|-------|-----------------|-------|---------|---------|
|              |         |                  |   |             |               |                 | 1.                  | 2.    | 3.    | max         | 1.    | 2.    |       | 3.         | max    | 1.              |       |                 | 2.    | 3.      | max     |
| Ullrich (GS) | Rene    | Blau-Weiß Bergen | m | 101,40      | 1978          | 0,6053          | 235,0               | 245,0 | 260,0 | 245,0       | 155,0 | 165,0 | 170,0 | 165,0      | 410,0  | 252,5           | 265,0 | 265,0           | 252,5 | 662,5   | 401,01  |
| Schröder     | Ronny   | Blau-Weiß Bergen | m | 90,00       | 1979          | 0,6384          | 200,0               | 212,5 | 215,0 | 215,0       | 150,0 | 160,0 | 165,0 | 165,0      | 380,0  | 250,0           | 270,0 | 270,0           | 270,0 | 650,0   | 414,96  |
| Lück         | Clemens | Blau-Weiß Bergen | m | 68,00       | 1991          | 0,7665          | 167,5               | 175,0 | 180,0 | 180,0       | 120,0 | 125,0 | 130,0 | 130,0      | 310,0  | 212,5           | 225,0 | 235,0           | 225,0 | 535,0   | 410,08  |
| Pyriz        | Michael | Blau-Weiß Bergen | m | 98,30       | 1971          | 0,6129          | 210,0               | 220,0 | 230,0 | 220,0       | 137,5 | 145,0 | 160,0 | 145,0      | 365,0  | 230,0           | 250,0 | 260,0           | 250,0 | 615,0   | 376,93  |
|              |         |                  |   |             |               |                 | max. Summen / Kg. ▶ |       |       | 680,0       |       |       |       | 475,0      | 1155,0 | ◀ Zwischenstand |       |                 | 772,5 | Punkte: | 1226,05 |
|              |         |                  |   |             |               |                 |                     |       |       |             |       |       |       |            |        |                 |       | Platz:          | 2     |         |         |

| Name        | Vorname   | Verein     | w | Körper<br>m | Geb.<br>Datum | Wilks<br>Faktor | Kniebeuge           |       |       | Bankdrücken |       |       | Stand | Kreuzheben |        |                 | Total | Wilks<br>Punkte |       |         |         |
|-------------|-----------|------------|---|-------------|---------------|-----------------|---------------------|-------|-------|-------------|-------|-------|-------|------------|--------|-----------------|-------|-----------------|-------|---------|---------|
|             |           |            |   |             |               |                 | 1.                  | 2.    | 3.    | max         | 1.    | 2.    |       | 3.         | max    | 1.              |       |                 | 2.    | 3.      | max     |
| Kienast     | Sebastian | Mühl Rosin | m | 75,65       | 1981          | 0,7083          | 182,5               | 195,0 | 200,0 | 200,0       | 105,0 | 112,5 | 115,0 | 115,0      | 315,0  | 195,0           | 207,5 | 217,5           | 217,5 | 532,5   | 377,17  |
| Diening     | Kai       | Mühl Rosin | m | 134,85      | 2001          | 0,5621          | 165,0               | 180,0 | 190,0 | 190,0       | 117,5 | 125,0 | 130,0 | 130,0      | 320,0  | 205,0           | 225,0 | 240,0           | 240,0 | 560,0   | 314,78  |
| Milde       | Kay       | Mühl Rosin | m | 94,30       | 1978          | 0,6241          | 200,0               | 210,0 | 220,0 | 220,0       | 140,0 | 145,0 | 145,0 | 140,0      | 360,0  | 240,0           | 250,0 | 260,0           | 260,0 | 620,0   | 386,94  |
| Heindl (GS) | Frank     | Mühl Rosin | m | 98,60       | 1971          | 0,6121          | 170,0               | 180,0 | 185,0 | 180,0       | 130,0 | 137,5 | 140,0 | 140,0      | 320,0  | 200,0           | 220,0 | 230,0           | 230,0 | 550,0   | 336,66  |
|             |           |            |   |             |               |                 | max. Summen / Kg. ▶ |       |       | 610,0       |       |       |       | 410,0      | 1000,0 | ◀ Zwischenstand |       |                 | 730,0 | Punkte: | 1100,77 |
|             |           |            |   |             |               |                 |                     |       |       |             |       |       |       |            |        |                 |       | Platz:          | 6     |         |         |

| Name      | Vorname    | Verein          | w | Körper<br>m | Geb.<br>Datum | Wilks<br>Faktor | Kniebeuge           |       |       | Bankdrücken |       |       | Stand | Kreuzheben |        |                 | Total | Wilks<br>Punkte |       |         |         |
|-----------|------------|-----------------|---|-------------|---------------|-----------------|---------------------|-------|-------|-------------|-------|-------|-------|------------|--------|-----------------|-------|-----------------|-------|---------|---------|
|           |            |                 |   |             |               |                 | 1.                  | 2.    | 3.    | max         | 1.    | 2.    |       | 3.         | max    | 1.              |       |                 | 2.    | 3.      | max     |
| Eida      | Eduard     | SV Quitt Anikum | m | 78,00       | 2001          | 0,6939          | 190,0               | 200,0 | 207,5 | 207,5       | 130,0 | 137,5 | 142,5 | 142,5      | 350,0  | 205,0           | 215,0 | 220,0           | 220,0 | 570,0   | 395,52  |
| Markmeyer | Lukas      | SV Quitt Anikum | m | 75,00       | 1997          | 0,7126          | 200,0               | 210,0 | 215,0 | 215,0       | 130,0 | 132,5 | 132,5 | 132,5      | 347,5  | 247,5           | 260,0 | 275,0           | 260,0 | 607,5   | 432,90  |
| Weigandt  | Maximilian | SV Quitt Anikum | m | 75,20       | 2001          | 0,7112          | 160,0               | 167,5 | 167,5 | 167,5       | 120,0 | 127,5 | 132,5 | 132,5      | 300,0  | 190,0           | 202,5 | 207,5           | 207,5 | 507,5   | 360,93  |
| Dimmel    | Arthur     | SV Quitt Anikum | m | 94,30       | 1991          | 0,6241          | 230,0               | 240,0 | 247,5 | 247,5       | 160,0 | 167,5 | 172,5 | 172,5      | 420,0  | 265,0           | 280,0 | 290,0           | 290,0 | 710,0   | 443,11  |
|           |            |                 |   |             |               |                 | max. Summen / Kg. ▶ |       |       | 670,0       |       |       |       | 447,5      | 1117,5 | ◀ Zwischenstand |       |                 | 770,0 | Punkte: | 1271,54 |
|           |            |                 |   |             |               |                 |                     |       |       |             |       |       |       |            |        |                 |       | Platz:          | 1     |         |         |

| Name    | Vorname  | Verein        | w | Körper<br>m | Geb.<br>Datum | Wilks<br>Faktor | Kniebeuge           |       |       | Bankdrücken |       |       | Stand | Kreuzheben |       |                 | Total | Wilks<br>Punkte |       |         |         |
|---------|----------|---------------|---|-------------|---------------|-----------------|---------------------|-------|-------|-------------|-------|-------|-------|------------|-------|-----------------|-------|-----------------|-------|---------|---------|
|         |          |               |   |             |               |                 | 1.                  | 2.    | 3.    | max         | 1.    | 2.    |       | 3.         | max   | 1.              |       |                 | 2.    | 3.      | max     |
| Lamp    | Julius   | Herrburger AV | m | 89,35       | 2001          | 0,6408          | 190,0               | 200,0 | 207,5 | 207,5       | 115,0 | 120,0 | 120,0 | 115,0      | 322,5 | 190,0           | 200,0 | 205,0           | 200,0 | 522,5   | 334,82  |
| Prehn   | Kenneth  | Herrburger AV | m | 88,20       | 1994          | 0,6451          | 175,0               | 182,5 | 190,0 | 190,0       | 125,0 | 132,5 | 135,0 | 135,0      | 325,0 | 215,0           | 237,5 | 245,0           | 245,0 | 570,0   | 367,71  |
| Zielke  | Matthias | Herrburger AV | m | 88,90       | 1988          | 0,6424          | 195,0               | 205,0 | 215,0 | 215,0       | 125,0 | 130,0 | 130,0 | 130,0      | 345,0 | 250,0           | 265,0 | 275,0           | 265,0 | 610,0   | 391,86  |
| Lampley | Curtis   | Herrburger AV | m | 82,75       | 1991          | 0,6687          | 185,0               | 195,0 | 205,0 | 205,0       | 120,0 | 127,5 | 132,5 | 132,5      | 327,5 | 205,0           | 215,0 | 225,0           | 225,0 | 552,5   | 369,46  |
|         |          |               |   |             |               |                 | max. Summen / Kg. ▶ |       |       | 617,5       |       |       |       | 397,5      | 997,5 | ◀ Zwischenstand |       |                 | 735,0 | Punkte: | 1129,03 |
|         |          |               |   |             |               |                 |                     |       |       |             |       |       |       |            |       |                 |       | Platz:          | 4     |         |         |

| Name       | Vorname | Verein         | w | Körper<br>m | Geb.<br>Datum | Wilks<br>Faktor | Kniebeuge           |       |       | Bankdrücken |       |       | Stand | Kreuzheben |       |                 | Total | Wilks<br>Punkte |       |         |        |
|------------|---------|----------------|---|-------------|---------------|-----------------|---------------------|-------|-------|-------------|-------|-------|-------|------------|-------|-----------------|-------|-----------------|-------|---------|--------|
|            |         |                |   |             |               |                 | 1.                  | 2.    | 3.    | max         | 1.    | 2.    |       | 3.         | max   | 1.              |       |                 | 2.    | 3.      | max    |
| Dauenhauer | Peter   | Motor Barth II | m | 101,65      | 1983          | 0,6047          | 130,0               | 140,0 | 150,0 | 150,0       | 100,0 | 110,0 | 117,5 | 117,5      | 267,5 | 150,0           | 165,0 | 185,0           | 185,0 | 452,5   | 273,63 |
| Lange      | Sven    | Motor Barth II | m | 121,75      | 1980          | 0,5730          | 165,0               | 175,0 | 185,0 | 185,0       | 170,0 | 180,0 | 185,0 | 180,0      | 365,0 | 200,0           | 215,0 | 230,0           | 230,0 | 595,0   | 340,94 |
| Urbansky   | Marius  | Motor Barth II | m | 118,15      | 1997          | 0,5771          | 190,0               | 200,0 | 210,0 | 210,0       | 120,0 | 125,0 | 132,5 | 132,5      | 342,5 | 235,0           | 250,0 | 260,0           | 260,0 | 602,5   | 347,70 |
| Klug       | Ronnie  | Motor Barth II | m | 99,05       | 1990          | 0,6109          | 142,5               | 150,0 | 157,5 | 157,5       | 125,0 | 130,0 | 135,0 | 130,0      | 287,5 | 195,0           | 205,0 | 212,5           | 212,5 | 500,0   | 305,45 |
|            |         |                |   |             |               |                 | max. Summen / Kg. ▶ |       |       | 652,5       |       |       |       | 442,5      | 995,0 | ◀ Zwischenstand |       |                 | 702,5 | Punkte: | 994,09 |
|            |         |                |   |             |               |                 |                     |       |       |             |       |       |       |            |       |                 |       | Platz:          | 7     |         |        |

| Name     | Vorname  | Verein   | w | Körper<br>m | Geb.<br>Datum | Wilks<br>Faktor | Kniebeuge           |      |      | Bankdrücken |      |      | Stand | Kreuzheben |      |      | Total | Wilks<br>Punkte |      |       |        |
|----------|----------|----------|---|-------------|---------------|-----------------|---------------------|------|------|-------------|------|------|-------|------------|------|------|-------|-----------------|------|-------|--------|
|          |          |          |   |             |               |                 | 1.                  | 2.   | 3.   | max         | 1.   | 2.   |       | 3.         | max  | 1.   |       |                 | 2.   | 3.    | max    |
| Schröder | Anna Lea | Mix Team | w | 58,35       | 2003          | 1,1393          | 40,0                | 50,0 | 60,0 | 60,0        | 30,0 | 36,0 | 36,0  | 30,0       | 90,0 | 60,0 | 70,0  | 80,0            | 80,0 | 170,0 | 193,68 |
|          |          | Mix Team | m | 106,00      | 1990          | 0,5956          | -                   | -    | -    | -           | -    | -    | -     | -          | -    | -    | -     | -               | -    | -     | 0,00   |
|          |          | Mix Team | m | 90,00       |               | 0,6384          | -                   | -    | -    | -           | -    | -    | -     | -          | -    | -    | -     | -               | -    | -     | 0,00   |
|          |          | Mix Team | m |             |               |                 | -                   | -    | -    | -           | -    | -    | -     | -          | -    | -    | -     | -               | -    | -     | 0,00   |
|          |          |          |   |             |               |                 | max. Summen / Kg. ▶ |      |      | 60,         |      |      |       |            |      |      |       |                 |      |       |        |