

Kraftdreikampf
Gruppe Nord

Norddeutsche Meisterschaftsrekorde
Bankdrücken Classic
– Frauen / Männer –

Stand: 24.09.2023

Norddeutsche Rekorde (raw) im Bankdrücken der weiblichen Jugend

| | | | | | |
|--------------|-----------------|---------------|----------------|----------|---------|
| -43,0 | Müller, Sophie | SC Elite | 35,0 kg | 27.04.13 | Preetz |
| -47,0 | | | | | |
| -52,0 | | | | | |
| -57,0 | | | | | |
| -63,0 | Hinze, Danielle | KSV Team Harz | 55,0 kg | 29.09.18 | Wahrsow |
| -69,0 | | | | | |
| -76,0 | Ahlers, Pia | TV Papenburg | 55,0 kg | 30.09.17 | Preetz |
| -84,0 | | | | | |
| +84,0 | | | | | |

Norddeutsche Rekorde (raw) im Bankdrücken der männlichen Jugend

| | | | | | |
|---------------|----------------------|----------------------|-----------------|----------|------------|
| -53,0 | | | | | |
| -59,0 | Ivanov, Daniel | SV Quitt Ankum | 55,0 kg | 14.09.19 | Ankum |
| -66,0 | Dilek, Nurallah | VT Union Groß Ilsede | 82,5 kg | 22.04.17 | Bad Sachsa |
| -74,0 | Weigandt, Maximilian | SV Quitt Ankum | 117,5 kg | 29.09.18 | Wahrsow |
| -83,0 | Eida, Eduard | SV Quitt Ankum | 150,0 kg | 14.09.19 | Ankum |
| -93,0 | Demisch, Marwin | Berlin Strength | 137,5 kg | 16.11.19 | Vechta |
| -105,0 | Diening, Kai | PL Mühl Rosin | 112,5 kg | 29.09.18 | Wahrsow |
| -120,0 | Meineke, Robin | KSV Team Harz | 185,0 kg | 22.04.17 | Bad Sachsa |
| +120,0 | | | | | |

Norddeutsche Rekorde (raw) im Bankdrücken der weiblichen Junioren

| | | | | | |
|--------------|----------------------|----------------|----------------|----------|-----------|
| -43,0 | | | | | |
| -47,0 | | | | | |
| -52,0 | Zemechmann, Karina | VfK Hannover | 47,5 kg | 02.09.23 | Ankum |
| -57,0 | | | | | |
| -63,0 | Gersberg, Lea-Sophie | TV Papenburg | 77,5 kg | 14.09.19 | Ankum |
| -69,0 | Glawe, Nina | Greifenpower | 75,0 kg | 27.11.21 | Papenburg |
| -76,0 | | | | | |
| -84,0 | Huning, Julia | SV Quitt Ankum | 80,0 kg | 16.11.19 | Vechta |
| +84,0 | | | | | |

Norddeutsche Rekorde (raw) im Bankdrücken der männlichen Junioren

| | | | | | |
|---------------|------------------------|-------------------|-----------------|----------|-------------|
| -53,0 | | | | | |
| -59,0 | Werwein, Dominik | SV Quitt Ankum | 60,0 kg | 14.04.18 | Todtglüsing |
| -66,0 | Lüder, Max | Greifenpower | 105,0 kg | 25.04.15 | Todtglüsing |
| -74,0 | Telscher, Tim | SV Quitt Ankum | 130,0 kg | 22.04.17 | Bad Sachsa |
| -83,0 | Charmier-Glis., Robert | VfK Hannover | 145,0 kg | 17.11.19 | Vechta |
| -93,0 | Marten, Lukas | Schleswig 06 | 167,5 kg | 17.11.19 | Vechta |
| -105,0 | Krause, Sascha | Herrnburger AV 77 | 175,0 kg | 06.10.12 | |
| -120,0 | Meineke, Robin | KSV Team Harz | 185,0 kg | 22.04.17 | Bad Sachsa |
| +120,0 | Öncel, Ahmad | VfK Hannover | 175,0 kg | 02.09.23 | Ankum |

Norddeutsche Rekorde (raw) im Bankdrücken der weiblichen Aktiven

| | | | | | |
|--------------|----------------------|-------------------|----------------|----------|----------------|
| -47,0 | | | | | |
| -52,0 | Schmeelke, Mareen | VfK Hannover | 75,0 kg | 14.04.18 | Todtglüsingern |
| -57,0 | Hunz, Karolin | VfK Hannover | 67,5 kg | 16.11.19 | Vechta |
| -63,0 | Gersberg, Lea-Sophie | TV Papenburg | 80,5 kg | 27.11.21 | Papenburg |
| -69,0 | Loureiro Bade, Jana | Todtglüsingern SV | 75,0 kg | 02.09.23 | Ankum |
| -76,0 | Huning, Julia | SV Quitt Ankum | 77,5 kg | 27.11.21 | Papenburg |
| -84,0 | Meuser, Vanessa | Todtglüsingern SV | 87,5 kg | 16.11.19 | Vechta |
| +84,0 | | | | | |

Norddeutsche Rekorde (raw) im Bankdrücken der männlichen Aktiven

| | | | | | |
|---------------|----------------------|------------------------|-----------------|----------|----------------|
| -59,0 | Riethmüller, Andreas | MTV VaterJahn Peine | 87,5 kg | 25.04.17 | Bad Sachsa |
| -66,0 | Ziemer, Philipp | Greifenpower | 135,0 kg | 30.04.16 | Preetz |
| -74,0 | Boeglin, Marcel | Herrnburger AV 77 | 147,5 kg | 30.09.17 | Preetz |
| -83,0 | Roßkamp, Sascha | Schwerathletik Hamburg | 181,0 kg | 27.11.21 | Papenburg |
| -93,0 | Suckow, Pascal | KDK Flensburg | 185,0 kg | 17.11.19 | Vechta |
| -105,0 | Hentschel, André | VT Union Groß Ilsede | 195,0 kg | 14.04.18 | Todtglüsingern |
| -120,0 | Tarassenko, Taras | BC Vechta | 200,0 kg | 17.11.19 | Vechta |
| +120,0 | Koch, Kevin | KSV Team Harz | 240,0 kg | 22.04.17 | Bad Sachsa |

Norddeutsche Rekorde (raw) im Bankdrücken der weiblichen Senioren AK I

| | | | | | |
|--------------|----------------------|----------------|----------------|----------|-------------|
| -47,0 | | | | | |
| -52,0 | | | | | |
| -57,0 | | | | | |
| -63,0 | | | | | |
| -69,0 | | | | | |
| -76,0 | Müller-Freye, Karina | VFV Cremlingen | 77,5 kg | 25.04.15 | Todtglüsing |
| -84,0 | Müller-Freye, Karina | VFV Cremlingen | 85,0 kg | 14.04.18 | Todtglüsing |
| +84,0 | Bötel, Ariane | SVT Neumünster | 75,0 kg | 27.11.21 | Papenburg |

Norddeutsche Rekorde (raw) im Bankdrücken der männlichen Senioren AK I

| | | | | | |
|---------------|-------------------|----------------|-----------------|----------|------------|
| -59,0 | | | | | |
| -66,0 | Roese, Maik | Greifenpower | 122,5 kg | 27.11.21 | Papenburg |
| -74,0 | Staegmann, Maik | Greifenpower | 125,0 kg | 22.04.17 | Bad Sachsa |
| -83,0 | Pöhls, Andreas | Greifenpower | 155,0 kg | 30.04.16 | Preetz |
| -93,0 | Bast, Jan | SV Motor Barth | 200,0 kg | 30.09.17 | Preetz |
| -105,0 | Bernau, Dirk | Preetzer TSV | 182,5 kg | 30.04.16 | Preetz |
| -120,0 | Bendelin, Frank | Motor Wolgast | 165,0 kg | 30.04.16 | Preetz |
| +120,0 | Tarassenko, Taras | BC Vechta | 202,5 kg | 02.09.23 | Ankum |

Norddeutsche Rekorde (raw) im Bankdrücken der weiblichen Senioren AK II

| | | | | | |
|-------|------------------|----------------|----------------|----------|-------|
| -47,0 | | | | | |
| -52,0 | | | | | |
| -57,0 | | | | | |
| -63,0 | Woltjen, Heidrun | TV Papenburg | 55,0 kg | 02.09.23 | Ankum |
| -69,0 | | | | | |
| -76,0 | | | | | |
| -84,0 | Knoop, Christina | SV Quitt Ankum | 60,0 kg | 02.09.23 | Ankum |
| +84,0 | | | | | |

Norddeutsche Rekorde (raw) im Bankdrücken der männlichen Senioren AK II

| | | | | | |
|--------|---------------------|-------------------|-----------------|----------|-------------|
| -59,0 | | | | | |
| -66,0 | | | | | |
| -74,0 | Gieseler, Christian | KSV Team Harz | 105,0 kg | 22.04.17 | Bad Sachsa |
| -83,0 | | | | | |
| -93,0 | Heinrich, Frank | TSV Stralsund | 150,0 kg | 25.04.15 | Todtglüsing |
| -105,0 | Pecht, Thorsten | Preetzer TSV | 190,0 kg | 30.04.16 | Preetz |
| -120,0 | Heiden, Jürgen | Motor Wolgast | 145,0 kg | 30.04.16 | Preetz |
| +120,0 | Schult, Thorsten | 1. Schleswiger SV | 200,0 kg | 14.04.18 | Todtglüsing |

Norddeutsche Rekorde (raw) im Bankdrücken der weiblichen Senioren AK III

| | | | | | |
|--------------|------------------|----------|----------------|----------|-----------|
| -47,0 | | | | | |
| -52,0 | | | | | |
| -57,0 | | | | | |
| -63,0 | Lankau, Marianne | SC Elite | 45,0 kg | 27.11.21 | Papenburg |
| -69,0 | | | | | |
| -76,0 | | | | | |
| -84,0 | | | | | |
| +84,0 | | | | | |

Norddeutsche Rekorde (raw) im Bankdrücken der männlichen Senioren AK III

| | | | | | |
|---------------|------------------|---------------------|-----------------|----------|-------------|
| -59,0 | Virzi, Carmelo | MTV VaterJahn Peine | 90,0 kg | 22.04.17 | Bad Sachsa |
| -66,0 | Axt, Alexander | SV Quitt Ankum | 72,5 kg | 02.09.23 | Ankum |
| -74,0 | Köster, Wolfgang | VfV Cremlingen | 105,0 kg | 25.04.15 | Todtglüsing |
| -83,0 | Ute, Gunter | Preetzer TSV | 127,5 kg | 30.04.16 | Preetz |
| -93,0 | Schuricht, Lutz | VfV Cremlingen | 137,5 kg | 25.04.15 | Todtglüsing |
| -105,0 | Reimann, Helmut | Todtglüsinger SV | 160,0 kg | 14.04.18 | Todtglüsing |
| -120,0 | Falk, Hans-Peter | Herrnburger AV 77 | 170,0 kg | 26.09.15 | Preetz |
| +120,0 | Paul, Harald | FSV BW Bergen | 165,0 kg | 22.04.17 | Bad Sachsa |

Norddeutsche Rekorde (raw) im Bankdrücken der weiblichen Senioren AK IV

| | | | | | |
|-------|--|--|--|--|--|
| -47,0 | | | | | |
| -52,0 | | | | | |
| -57,0 | | | | | |
| -63,0 | | | | | |
| -69,0 | | | | | |
| -76,0 | | | | | |
| -84,0 | | | | | |
| +84,0 | | | | | |

Norddeutsche Rekorde (raw) im Bankdrücken der männlichen Senioren AK IV

| | | | | | |
|--------|------------------|------------------|-----------------|----------|-------------|
| -59,0 | | | | | |
| -66,0 | Geese, Rainer | CV S N Berlin | 100,0 kg | 25.04.15 | Todtglüsing |
| -74,0 | Warnke, Peter | ESV Waren | 80,0 kg | 14.04.18 | Todtglüsing |
| -83,0 | Ute, Gunter | Preetzer TSV | 105,0 kg | 14.04.19 | Ankum |
| -93,0 | Merta, Konrad | Todtglüsinger SV | 102,5 kg | 25.04.15 | Todtglüsing |
| -105,0 | Gulke, Hartmut | SC Elite | 95,0 kg | 02.09.23 | Ankum |
| -120,0 | | | | | |
| +120,0 | Schwertz, Volker | SC Lüchow | 122,5 kg | 22.04.17 | Bad Sachsa |