

Bayerischer Gewichtheber- und Kraftsportverband (BGKV e.V.)**Bayerische Rekorde der männlichen Jugend (RAW)**

03.05.2018

Kniebeuge

53,0 kg			95,0		
59,0 kg			115,0		
66,0 kg			135,0		
74,0 kg			147,5		
83,0 kg			160,0		
93,0 kg			170,0		
105,0 kg			175,0		
120,0 kg			182,5		
120,0+ kg			185,0		

Bankdrücken

53,0 kg			62,5		
59,0 kg			72,5		
66,0 kg			80,0		
74,0 kg			90,0		
83,0 kg			95,0		
93,0 kg			105,0		
105,0 kg			110,0		
120,0 kg			115,0		
120,0+ kg			120,0		

Kreuzheben

53,0 kg			100,0		
59,0 kg			120,0		
66,0 kg			135,0		
74,0 kg			147,5		
83,0 kg			157,5		
93,0 kg			165,0		
105,0 kg			167,5		
120,0 kg			175,0		
120,0+ kg			177,5		

Total

53,0 kg			255,0		
59,0 kg			305,0		
66,0 kg			352,5		
74,0 kg			385,0		
83,0 kg			415,0		
93,0 kg			435,0		
105,0 kg			455,0		
120,0 kg			472,5		
120,0+ kg			485,0		

Bayerische Rekorde im Einzelbankdrücken

53,0 kg			67,5		
59,0 kg			75,0		
66,0 kg			85,0		
74,0 kg			95,0		
83,0 kg			105,0		
93,0 kg			110,0		
105,0 kg			115,0		
120,0 kg			122,5		
120,0+ kg			127,5		

Bayerische Rekorde im Einzelkreuzheben

53,0 kg			105,0		
59,0 kg			122,5		
66,0 kg			137,5		
74,0 kg			152,5		
83,0 kg			160,0		
93,0 kg			167,5		
105,0 kg			172,5		
120,0 kg			175,0		
120,0+ kg			185,0		