

# Bayerischer Gewichtheber- und Kraftsportverband (BGKV e.V.)

## Bayerische Rekorde der männlichen Senioren AK V (RAW)

03.05.2018

### Kniebeuge

59,0 kg			....		
66,0 kg			....		
74,0 kg			....		
83,0 kg			....		
93,0 kg			....		
105,0 kg			....		
120,0 kg			....		
120,0+ kg			....		

### Bankdrücken

59,0 kg			....		
66,0 kg			....		
74,0 kg			....		
83,0 kg			....		
93,0 kg			....		
105,0 kg			....		
120,0 kg			....		
120,0+ kg			....		

### Kreuzheben

59,0 kg			....		
66,0 kg			....		
74,0 kg			....		
83,0 kg			....		
93,0 kg			....		
105,0 kg			....		
120,0 kg			....		
120,0+ kg			....		

### Total

59,0 kg			....		
66,0 kg			....		
74,0 kg			....		
83,0 kg			....		
93,0 kg			....		
105,0 kg			....		
120,0 kg			....		
120,0+ kg			....		

### Bayerische Rekorde im Einzelbankdrücken

59,0 kg			....		
66,0 kg	Diepold Alexander	KSC Puch e.V.	90,0	21.04.2018	Kaufbeuren
74,0 kg			....		
83,0 kg			....		
93,0 kg			....		
105,0 kg			....		
120,0 kg			....		
120,0+ kg			....		

### Bayerische Rekorde im Einzelkreuzheben

59,0 kg			....		
66,0 kg			....		
74,0 kg			....		
83,0 kg			....		
93,0 kg			....		
105,0 kg			....		
120,0 kg			....		
120,0+ kg			....		