

Bayerischer Gewichtheber- und Kraftsportverband (BGKV e.V.)

Bayerische Rekorde der weiblichen Senioren AK III

01.06.2018

Kniebeuge

47,0 kg	Standard		55,0		
52,0 kg	Standard		65,0		
57,0 kg	Standard		72,5		
63,0 kg	Standard		80,0		
72,0 kg	Standard		87,5		
84,0 kg	Speth Eva/54	TSV Burgau	40,0	03.10.2015	Burgau
84,0+ kg	Standard		105,0		

Bankdrücken

47,0 kg	Standard		45,0		
52,0 kg	Standard		47,5		
57,0 kg	Standard		52,5		
63,0 kg	McSwain Dagmar	Turngemeinde Landshut 1861 e.V.	57,5	12.05.2018	Forchheim
72,0 kg	Standard		65,0		
84,0 kg	Speth Eva/54	TSV Burgau	92,5	03.10.2015	Burgau
84,0+ kg	Standard		72,5		

Kreuzheben

47,0 kg	Standard		65,0		
52,0 kg	Standard		72,5		
57,0 kg	Standard		80,0		
63,0 kg	Standard		92,5		
72,0 kg	Standard		105,0		
84,0 kg	Speth Eva/54	TSV Burgau	90,0	03.10.2015	Burgau
84,0+ kg	Standard		125,0		

Total

47,0 kg	Standard		165,0		
52,0 kg	Standard		185,0		
57,0 kg	Standard		205,0		
63,0 kg	Standard		227,5		
72,0 kg	Standard		255,0		
84,0 kg	Speth Eva/54	TSV Burgau	222,5	03.10.2015	Burgau
84,0+ kg	Standard		300,0		

Bayerische Rekorde im Einzelbankdrücken

47,0 kg	Standard		47,5		
52,0 kg	Engelbrecht Karin	1. AC Bayreuth v. 1954	77,5	07.05.2016	Randersacker
57,0 kg	Standard		55,0		
63,0 kg	Standard		60,0		
72,0 kg	Standard		67,5		
84,0 kg	Speth Eva/54	TSV Burgau	110,0	16.10.2014	Hamm
84,0+ kg	Speth Eva/54	TSV Burgau	107,5	20.04.2016	Rödby

Bayerische Rekorde im Einzelkreuzheben

47,0 kg	Standard		65,0		
52,0 kg	Standard		72,5		
57,0 kg	Standard		80,0		
63,0 kg	Standard		92,5		
72,0 kg	Standard		105,0		
84,0 kg	Speth Eva/54	TSV Burgau	120,0	29.11.2014	Sonneberg
84,0+ kg	Standard		125,0		