

Bayerischer Gewichtheber- und Kraftsportverband (BGKV e.V.)

Bayerische Rekorde der weiblichen Senioren AK I (RAW)

15.10.2018

Kniebeuge

47,0 kg	Standard		77,5		
52,0 kg	Standard		85,0		
57,0 kg	Standard		90,0		
63,0 kg	Falck Daniela	STC Bavaria 20 Landshut	125,0	07.03.2018	Helsingborg
72,0 kg	Standard		110,0		
84,0 kg	Standard		115,0		
84,0+ kg	Standard		122,5		

Bankdrücken

47,0 kg	Standard		47,5		
52,0 kg	Standard		52,5		
57,0 kg	Standard		55,0		
63,0 kg	Falck Daniela	STC Bavaria 20 Landshut	72,5	08.06.2018	Calgary
72,0 kg	Standard		67,5		
84,0 kg	Standard		75,0		
84,0+ kg	Wunderlich Sylvia	KSC Puch e.V.	80,0	21.09.2018	Greifswald

Kreuzheben

47,0 kg	Standard		77,5		
52,0 kg	Standard		87,5		
57,0 kg	Standard		95,0		
63,0 kg	Falck Daniela	STC Bavaria 20 Landshut	155,0	07.03.2018	Helsingborg
72,0 kg	Dietmayr Petra	ACO Schrobenhausen	130,0	12.05.2018	Forchheim
84,0 kg	Holzer Frieda	KSC Amberg II	130,0	12.05.2018	Forchheim
84,0+ kg	Wunderlich Sylvia	KSC Puch e.V.	135,0	21.09.2018	Greifswald

Total

47,0 kg	Standard		205,0		
52,0 kg	Standard		225,0		
57,0 kg	Standard		240,0		
63,0 kg	Falck Daniela	STC Bavaria 20 Landshut	350,0	07.03.2018	Helsingborg
72,0 kg	Standard		292,5		
84,0 kg	Standard		315,0		
84,0+ kg	Standard		332,5		

Bayerische Rekorde im Einzelbankdrücken

47,0 kg	Standard		52,5		
52,0 kg	Standard		55,0		
57,0 kg	Rummel Martina	KSC Puch e.V.	72,5	10.08.2018	Merignac
63,0 kg	Falck Daniela	STC Bavaria 20 Landshut	72,5	08.06.2018	Calgary
72,0 kg	Haas Regina	KSC Puch e.V.	107,5	09.08.2018	Merignac
84,0 kg	Haas Regina	KSC Puch e.V.	107,5	14.07.2018	Unterölsbach
84,0+ kg	Gall Eva-Maria	STC Bavaria 20 Landshut	107,5	16.05.2018	Vantaa

Bayerische Rekorde im Einzelkreuzheben

47,0 kg	Standard		77,5		
52,0 kg	Standard		87,5		
57,0 kg	Standard		95,0		
63,0 kg	Falck Daniela	STC Bavaria 20 Landshut	155,0	07.03.2018	Helsingborg
72,0 kg	Dietmayr Petra	ACO Schrobenhausen	130,0	12.05.2018	Forchheim
84,0 kg	Holzer Frieda	KSC Amberg II	130,0	12.05.2018	Forchheim
84,0+ kg	Wunderlich Sylvia	KSC Puch e.V.	135,0	21.09.2018	Greifswald